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Charlandra Counseling



Giftting Hope, Inspiration, and Connection!

In This Issue

- 🍁 Finding my Passion
- 🍁 Professional Development
- 🍁 Welcome Dr. Amanda
- 🍁 Success Stories
- 🍁 Launching for you:
La Mama Charla

Summer is over!

And you are still not pregnant?

Having to face such hurtful questions from those you love is painful. They are well meaning, but they just don't get it.

We get it!

We've been there and have designed a counseling program to instill hope, inspiration, and connection for you.

We are here for you every step of the way, as you fight to have the baby you deserve.

I am proof that you can still get pregnant despite infertility and not lose yourself in the process. Infertility is a couple's problem, warranting a couple's solution. You are not alone. Your community is here!

Welcome to la familia, where you truly belong. Today marks the beginning of your healing journey.

Contact Us

Charlandra.com
support@charlandra.com
+1 201-746-0264

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Instagram: @fertilityclarity
@charlandra_counseling
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Finding My Passion



Finding my perfect pitch, meant turning my pain into my purpose. Living with infertility and suffering in silence for years led me to this moment - winning the grand prize.

My purpose is clear - to support other Latinas struggling to get pregnant.

Don't go it alone any longer!

When you are ready to break free from your silence, I am here for you with open arms.

Supporting Women of Color Through Infertility



Welcome Dr. Amanda to our Familia

Dr. Amanda is a nationally recognized expert who has worked in the mental health profession for more than 15 years. She holds a doctorate in social work and is a licensed clinical social worker. In addition to her clinical work, she has taught at Rutgers University, the University of Southern California, and Yeshiva University.

Dr. Amanda has published in multiple peer-reviewed journals. She is the co-author of Building Financial Empowerment for Survivors of Domestic Violence.

She is a mom of three daughters (including twins!) and enjoys running, yoga, and reading.

<https://www.charlandra.com/about-amanda>



Providing Telehealth

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Facing depression, anxiety, infant loss,
miscarriage, and infertility?

WWW.CHARLANDRA.COM



SUCCESS

70% of past group members got PREGNANT!

THRIVING WITH INFERTILITY SUPPORT GROUP

Now open for you!

Join now: support@charlandra.com

La Mama Charla!

An Online Community



Hope, Inspiration, Connection

Coming Soon